

The aim of this presentation is to give attendees a clear clinical structure on which they can hang the details they will learn in the subsequent lectures.

Prof Lacey will begin by describing the practical diagnostic criteria of Anorexia Nervosa and Bulimia Nervosa and delineate the differences and similarities of the two. He will describe the psychopathology and pathogenesis of Anorexia Nervosa in psychological and endocrinological terms so that the disorder 'makes sense'. He will describe how the clinical features change as the disorder morphs into the Severe and Enduring (SEAN) clinical picture. He will relate these changes to the need for different treatment approaches depending on the severity of the disorder. Although the treatments will not be described in detail in this presentation, Prof Lacey will set the different treatment models in their context. He will outline the physical complications of anorexia.

The practical diagnostic and clinical features of Bulimia Nervosa will be described. How the disorder, in a significant minority can become associated with addictive and self-damaging behaviour will be described. A way of understanding bulimia figuratively so that the sadness and anger are put in context will be explained. This will lead to an outline of treatment approaches. The lecture will end by an attempt to explain why women particularly are effected by the disorder and why the disorder follows economic development.