

**Gerard J. Butcher**, MSc., Cognitive-Behavioural Psychotherapist, works in private practice in Dublin city. Gerard has worked in clinical practice as a therapist for many years and is Adjunct Assistant Professor in the Department of Psychiatry, Trinity College Dublin, where he lectures and supervises students on the Foundation, Higher Diploma and Masters level training courses in Cognitive Behavioural Psychotherapy. In addition, he contributes as a lecturer to the Higher Diploma in Psychotherapy at University College Dublin. Gerard gained his qualifications in Cognitive-Behavioural Psychotherapy at the Bethlem Royal and Maudsley Hospitals in London and holds a Master of Science degree from the University of Surrey, England. Gerard has research publications in areas such as Obsessive-Compulsive Disorder and Eating Disorders and has been a contributor to academic textbooks in the field of Eating Disorders and psychotherapy. Gerard has been associated with the European Council for Eating Disorders (ECED) for many years and is a member of the steering committee involved in helping to organise their conferences.