

**Finn Skårderud**, MD, PhD is a Norwegian author, psychiatrist, psychotherapist and professor. He is professor at Norwegian School of Sports, Oslo. He is also an internationally acknowledged expert in eating disorders. He is a co-founder and in the leadership of the Norwegian Institute for Mentalizing. He runs a private practice, and is the leading psychiatrist for The Norwegian Olympic Committee, working with elite athletes. He has produced numerous articles, essays, books and book chapters within the fields art, literature, film, psychiatry, psychology and culture, both fiction and non-fiction. In 2014 Finn Skårderud founded Institute for Eating Disorders. This non-profit foundation strives to be an innovative centre of excellence for treatment, research, education and training. The Institute also aims to be actively involved in a creative dialogue with society at large through close involvement in the arts, film, literature, theatre and culture, as well as political debate on eating disorders and related topics.