

Dr Paul Robinson MA MD FRCP FRCPsych

Dr Robinson is a Consultant Adult Psychiatrist, specialising in Eating Disorders Psychiatry and now works as a researcher and honorary consultant at St Ann's Hospital in North London as well as a senior teaching fellow and honorary senior lecturer at University College London.

He promoted the idea of intensive community treatment for eating disorders to minimise the need for hospital care and in the last few years he has studied the use of Mentalization Based Therapy (MBT-ED) and Specialist Supportive Clinical Management (SSCM-ED) in the treatment of eating disorders complicated by symptoms of Borderline Personality Disorder.

He is currently a member of the Executive of the Faculty of Eating Disorders at the Royal College of Psychiatrists and has been the author of two College Reports on Eating Disorder Services, a guidance document on the Management of Really Sick Patients with Anorexia Nervosa in general hospital settings (MARSIPAN) and has co-edited a book on the latter, published in 2015. He has conducted training in the implementation of MARSIPAN guidelines throughout the UK and in Europe.

He is an honorary senior lecturer and senior teaching fellow at University College London, his former medical school, and in 2012 launched an MSc degree course based in the UCL department of Medicine in Eating Disorders and Clinical Nutrition.

His publications including 75 papers, 3 books and 10 book chapters are on control of food intake, provision of services for and treatment of eating disorders, Severe and Enduring Eating Disorders and Medical management of severe eating disorders. He is preparing, with Finn Skårderud and Bente Sommerfeldt a book on MBT-ED.